

SMSC

PSHE/British Values/Relationships Education



Kapow Units Overview

	Autumn 1 Identity	Autumn 2 Courage	Spring 1 Power	Spring 2 Change	Summer 1 Choices	Summer 2 Community
PSHE Day Text	The Proudest Blue/ Julian is a Mermaid	After the Fall/Jabari Jumps	The King Who Banned the Dark/Halima Super- hero Princess	Grandad’s Island/Listen: How Evelyn Glennie changed percussion	I Really Want the Cake/ Don’t Hug Doug	Mixed/People Need People
British Values	Mutual Respect	Tolerance of Other Peo- ple’s Beliefs	Democracy	Rule of Law	Individual Liberty	Mutual Respect
Reception	<i>Self-regulation:My feel- ings (lessons 1-6)</i> <i>Building relationships: Special relationships (lessons 4-6)</i>	<i>Building relationships: Special relationships (lessons 1-3)</i> <i>Building relationships: My family and friends (lessons 1, 3, 4, 5, 6)</i>				
Year 1	Families and relationship (lessons 1-6)					
Year 2	<i>Families and relation- ships (lesson 1,2, 3 and 7)</i>	<i>Health and well-being (lessons 3, 4 and 5)</i>		<i>Health and well-being (lesson 1)</i> <i>Families and relationship (lesson 6)</i>	<i>Health and wellbeing (lessons 2, 6 and 7)</i>	Citizenship (lessons 1-6)

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British Values	Mutual Respect	Tolerance of Other Peo- ple’s Beliefs	Democracy	Rule of Law	Individual Liberty	Mutual Respect
Year 3	<i>Family and relationships (lesson 1, 6 and 7)</i> <i>Health and wellbeing (lesson 3 and 4)</i>					
Year 4	Families and relation- ships (lessons 2, 3, 4,5 and 7)	<i>Health and wellbeing (lessons 2, 3, 4, 5 , 6 and 7)</i> <i>Families and relationships (lesson 6)</i>	<i>Citizenship (lessons 1 and 6)</i>	<i>Families and relation- ships (lesson 8)</i> <i>Safety and the changing body (Lessons 4, 6 and 7)</i> <i>Citizenship (lesson 2)</i>	<i>Economic wellbeing (lessons 1 -5)</i>	<i>Citizenships (lessos 3, 4 and 5)</i>
Year 5	<i>Families and relation- ships</i>	<i>Health and wellbeing (lessons 3 and 4)</i>	<i>Citizenship (lessons 1,2,3,5 and 6)</i> <i>Health and wellbeing (lesson 7)</i>	<i>Safety and the changing body (lessons 3, 4 and 5)</i> <i>Families and relation- ships (lesson 3)</i>	<i>Health and wellbeing (lesson 6 and 7)</i> <i>Safety and the changing body (lesson 7)</i> <i>Economic wellbeing (lessons 1 -6)</i>	<i>Citizenship (lesson 4)</i> <i>Transition lesson 1</i>
Year 6	<i>Families and relation- ships (lesson 4)</i>	<i>Health and well-being (lessons 1, 2 and 5)</i>	<i>Safety and the changing body (lesson 3)</i> <i>Citizenship (lesson 1 and 6)</i>	<i>Family and relationships (lesson 1 and 6)</i>	<i>Health and wellbeing (lessons 3 and 7)</i> <i>Citizenship (lesson 2)</i> <i>Safety and the changing body (lesson 2)</i>	<i>Family and relationships (lesson 2 and 5)</i> <i>Citizenship (lesson 3)</i>

Significant Individuals



EYFS

- David Attenborough
- Queen Elizabeth II
- King Charles III
- Keir Starmer

Elm– Year 1

- Mae Jemison
- Justin Madders
- Tim Peake
- Neil Armstrong
- Keir Starmer

Rowan– Year 2

- Sky Brown
- The Wright Brothers
- George Mottershead
- Keir Starmer

Juniper– Year 3

- David Attenborough
- Floella Benjamin
- Justin Madders
- Rosa Parks
- Keir Starmer

Mulberry– Year 4

- Dian Fossey
- Marcus Rashford
- Emma Raducanu
- Keir Starmer

Holly– Year 5

- Ken Nedimyer
- Annie Edson Taylor
- Winston Churchill
- Anne Frank
- Chris Hadfield
- Jean Michel Basquiat
- Keir Starmer

Oak– Year 6

- Nelson Mandela
- Charles Darwin
- Matt Goodfellow
- Olaudah Equiano
- Floella Benjamin
- Carlolus Linnaeus
- Keir Starmer